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(72)Inventor:

IKEHARA TOSHINORI

KITAHARA MIKIRO

(54) EDIBLE (M. AND MAN COMPOSITION CONTAINING HYDROPHOBIC EXTRACT OF **LICORICE**

(57) Abstract:

PROBLEM TO BE SOLVED: To obtain a composition containing a hydrophobic extract of licorice, which is widely useful for a food, is stable and readily handleable by examining a solvent to solve the hydrophobic extract of licorice since the hydrophobic extract of licorice has difficulty in use because it is hardly soluble in water and ordinary oil.

SOLUTION: The edible oil and fat composition is obtained by dissolving the hydrophobic extract of licorice in a diglyceride mixture and is used in an oil and fat-using food. Preferably an extract from Glycyrrhiza uralensis or Glycyrrhiza glabra is used as the hydrophobic extract of licorice. The content of the hydrophobic extract of licorice in the edible oil and fat composition is ≥ 0.5 wt.% based on 100 wt.% of the edible oil and fat composition and further preferably the amount of diglyceride in the diglyceride mixture is ≥ 20 wt.%.